Skin Newsletter



Fix Your Body and be as healthy as possible

www.reboundhealth.com

Eating guide Rebound Diet

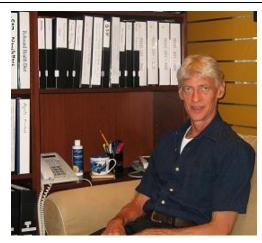


Good Skin is Good Health

Niacin for dark Skin spots < Product>
MSM for Hair, Nails & Skin < Product>
Glutathione for body & Skin < Product>

In the News: "Fructose Consumption May Accelerate Aging"

- Skin's elasticity and softness may be destroyed by fructose.
- Take a closer look at what you eat... a yogurt cup with fruit contains 8-10 grams of fructose.
- Excessive consumption of fructose accelerates processes related to aging, that includes wrinkles!



Bryon Verhaeghe Who is Bryon?

- We all have glutathione in our body; when levels are low we become sick and age faster.
 - <full article>
- When taking niacin "one thing that everyone notices is that their skin begins to improve". Even age spots or 'liver spots' begin to disappear.
 - <full article>
- Skin Fungus, Athletes Foot, Stinky feet, Toe Jam, Hong Kong Foot, Vancouver Foot are many names for bad skin on our feet.
 <full article>
- Glutathione available at Rebound Health.
 < Product >
- Too many sun burns this summer?
 Glutathione has been shown to protect skin from UV damage
 full article>